

EMOTIONAL SURVIVAL FOR LAW ENFORCEMENT



NOVEMBER 12, 2007 COLLEGE STATION, TX



Noted police psychologist Dr. Kevin Gilmartin will discuss the causes of and interventions for emotional issues that face law enforcement officers. This four-hour seminar gives officers and their families strategies to reduce the impact of stress and to get more out of their careers and relationships. Gilmartin will use his book, *Emotional Survival for Law Enforcement*, as a guide to reviewing the dynamics that can change officers into negative, cynical and angry individuals. Because of the emotional toll of the profession, officers can have difficulties in both the professional and personal aspects of their lives. The seminar deals with the issues that create officers who see themselves as victims and begin rationalizing inappropriate behavior. Gilmartin also discusses the communication challenges that may cause law enforcement officer's relationships and marriages to fail.

The course reviews the causes of and interventions for:

- Cynicism
- Malcontent
- Relationship Failures
- Supervision Issues
- Integrity Loss Issues
- Officer Over-Aggressiveness
- Situational Values
- Victim-Based Thinking
- Entitlement Orientation
- Loyalty vs. Integrity

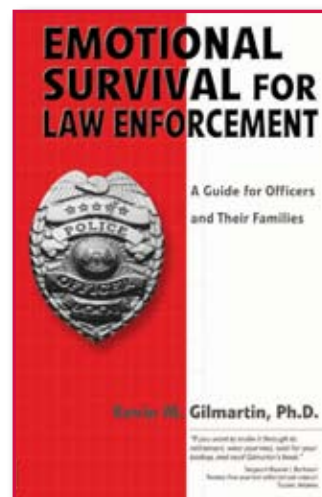
Times: Session 1: 8:00 a.m. – noon
Session 2: 1:00 p.m. – 5:00 p.m.

Place: College Station Hilton and Conference Center

Audience: Law Enforcement Officers and Family Members,
Criminal Justice Students, and Employees of
Law Enforcement Agencies

Cost: \$15 per person

Hosted by: TEEX Central Texas Police Academy
Brazos Valley Council of Governments
College Station Police Department



Each participant receives a copy of
Dr. Gilmartin's book,
Emotional Survival for Law Enforcement

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